



Friends' Club®

Social Understanding Groups for Children with High Functioning Autism and Asperger's Syndrome.

Directed by Dr. Cynthia Norall, Ph.D. of Comprehensive Autism Services and Education, Inc. (C.A.S.E., INC.)

Children with High Functioning Autism have difficulties learning the subtleties and nuances of successful social interaction and group participation. Friends' Club® provides a structured social environment designed to help our clients explore and develop the many aspects of social success in a fun and safe setting. Friends' Club® introduces children and teens to proven strategies that can be used in a wide variety of situations and covers topics such as:

- Initiating and maintaining different kinds of conversations
- Giving and accepting compliments
- Staying on topic in conversation and in groups
- Understanding the perspectives of others
- Dealing with bullies
- Reading the emotional "Tone" of other people and environments
- Reading non-verbal cues and "body" language
- Social problem-solving
- And game and play skills

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Your child will be included in a small group of children within the same age range. Each group is limited to between five and six children and is designed to be intimate and socially appropriate for each child. Friends' Club offers an environment that is structured to facilitate friendship-making and successful group interactions.

The formats of the sessions are integrative to accommodate the specific needs of each group. Strategies used include presentations, facilitated play, social stories, social scripting, collaborative problem solving, and guided conversations around specific themes. Friends' Club® is a great complement to existing therapies and has made a tremendous difference in the lives of hundreds of children in California, Hawaii, Guam, and Vancouver, BC.

For more information or to register, call (760) 720-4964.